

# AR & LE

## Spring & Summer 2014



Saturday ■ May 3, 2014 ■ 1 to 4 pm

*AR&LE Spring Retreat at Eden Prairie Art Center*

See page 12 for details!

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Adaptive Recreation and Learning Exchange partnership (AR&LE) offers recreation, leisure and community education opportunities specifically designed to meet the needs of people with disabilities in the cities of Bloomington, Eden Prairie, Edina and Richfield.



## Adaptive Recreation and Learning Exchange

Serving Bloomington, Eden Prairie, Edina & Richfield

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### WELCOME!

We would like to extend the invitation for you to take part in the variety of programs offered through the Adaptive Recreation & Learning Exchange Partnership (AR&LE). The information provided here should give you a closer look and better understanding of how our program works and where to acquire additional information that you may need. For over 30 years, the Adaptive Recreation and Learning Exchange (AR&LE) has been a leader in providing options for people with disabilities to participate in programs and activities that are specifically designed to meet their diverse needs.

### WHAT IS AR&LE?

AR&LE is made up of two parts - Adaptive Recreation "AR" and Learning Exchange "LE".

- *Adaptive Recreation:* The cities of Bloomington, Eden Prairie, Edina and Richfield each have programs that are specifically designed for people of all ages with disabilities including; softball, bowling, swimming lessons, fitness programs, skiing/snowboarding, basketball, as well as a number of social programs for both youth and adults.
- *Learning Exchange:* The school districts of Bloomington, Edina, Eden Prairie and Richfield Community Education Adults with Disabilities programs are working together to offer customized classes for adults with developmental and/or physical disabilities. Classes include cooking, independent living skills, health and fitness, and other leisure learning activities.

### PROGRAM CATALOG

AR&LE publishes a quarterly program catalog with descriptions of all programs to be offered for the upcoming season. This is sent out quarterly to all the participants and professionals who are on our mailing list.

**Electronic copies of the current AR&LE program catalog are available via the Internet at: [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov) and enter keywords "Adaptive Recreation" in the search engine.**

### PROFILES

In order to be on our mailing list, each person must complete a profile. Individuals with disabilities who participate in AR&LE programs should fill out a Participant profile. With the completed profile, the information is then available to the program staff so that they can be aware of any health, medical and special needs issues that pertain to the participant. Those individuals who provide support to, or work with the participant, should complete a Professional profile. After requesting a profile from any of the AR&LE staff or filling out and printing an online copy from [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov) return the completed profile to the address below or scan and email to [parkserv@BloomingtonMN.gov](mailto:parkserv@BloomingtonMN.gov).

Bloomington Parks & Recreation  
Attn: Mara  
1800 West Old Shakopee Road  
Bloomington, MN 55431

### PROGRAM FEES AND REGISTRATION

The fees to register for AR&LE programs vary. Some are broken into Resident and Non-resident amounts. A Resident is anyone living in the four cities of Bloomington, Eden Prairie, Edina, or Richfield. Non-residents are considered to be those living outside of these cities. If a non-resident fee is charged, the difference is very minimal.

### REFUND POLICY

Each city reserves the right to implement their own refund policy.

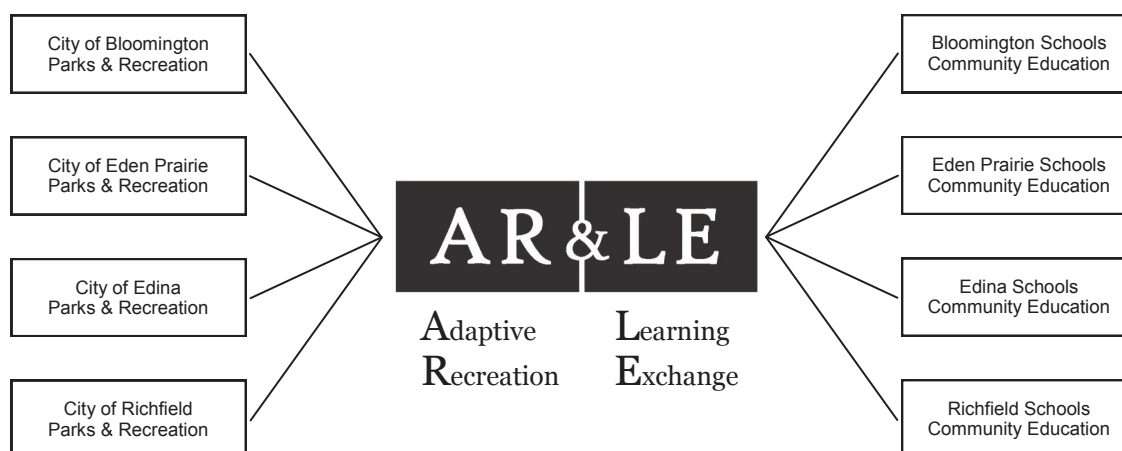
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The Cities of Bloomington, Eden Prairie, Edina and Richfield do not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all services, programs, and activities. Upon request, this information can be available in alternate formats.

## THE STAFF

The supervisory staff that are responsible for the planning and implementation of all the adaptive recreation programs have many years of experience in the Adaptive Recreation field. Their program staff are also highly skilled and dedicated individuals with professional and educational backgrounds in human services fields.

Working together, the Community Education directors from the school districts of Bloomington, Eden Prairie, Edina and Richfield employ a Coordinator for the Learning Exchange. Under the direction of the Learning Exchange Coordinator, professional instructors teach the Learning Exchange classes with the assistance of talented and trained volunteers.



## CONTACT INFORMATION

### Bloomington Adaptive Recreation

- Jackie Doncavage - Recreation Supervisor: 952-563-8877 (tty: 952-563-8740)  
jdoncavage@BloomingtonMN.gov

### Eden Prairie Adaptive Recreation

- Nicole Minton - Recreation Supervisor: 952-949-8457 (tty: 952-949-8399)  
nminton@edenprairie.org

### Edina Adaptive Recreation

- Kristin Aarsvold - Recreation Supervisor: 952-826-0433 (tty: 952-826-0379)  
kaarsvold@EdinaMN.gov

### Richfield Adaptive Recreation

- Ann Hoffer - Recreation Supervisor: 612-861-9361 (MN Relay Service at 711)  
ahoffer@cityofrichfield.org

### Learning Exchange

- Gina Carpenter - Coordinator of Alternative Educational Services: 952-681-6122 (MN Relay Service at 711) - gcarpenter@bloomington.k12.mn.us
- Janet Clarke - Community Liaison: 952-681-6121 (MN Relay Service at 711)  
jclarke@bloomington.k12.mn.us



TRAIL (Transportation Resource to Aid Independent Living) provides transportation for adults with developmental disabilities living in Bloomington, Eden Prairie, Edina and Richfield, allowing them to attend customized recreation and leisure programs offered by the Adaptive Recreation and Learning Exchange (AR&LE). Through donations and fundraising TRAIL subsidizes the cost of transportation; as a result, riders pay a nominal fee for their rides. Programs with this bus symbol have TRAIL available. To learn more or to make a donation, go to [www.ridetrail.org](http://www.ridetrail.org), call Michelle at 952-828-0983, or email [ridetrail@msn.com](mailto:ridetrail@msn.com). **The current AR&LE catalog is available at [www.ridetrail.org](http://www.ridetrail.org) under "Resources".**

## PERSONAL PROGRAM CHART

Use the chart below to keep track of your registered programs! If you don't want to cut out the registration forms, **an electronic copy of the current AR&LE program catalog is available via the Internet at: [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov) and enter keywords "Adaptive Recreation" in the search engine.**

Day	Date/Time	Program	Location
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			



Jackie Doncavage - Recreation Supervisor  
 Phone: 952-563-8877  
 TTY: 952-563-8740  
 Email: [jdoncavage@BloomingtonMN.gov](mailto:jdoncavage@BloomingtonMN.gov)  
 Address: 1800 W. Old Shakopee Road  
 Bloomington 55431  
 Website: [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov)



### DANCE YOUR SOCKS OFF! ADULTS 18+

Put on your dancing shoes and get ready to boogie! No registration required, but you must have an AR&LE Participant Profile on file. Participants who require assistance must bring their own support person. *Door prizes will be given out near the end of each dance. MUST BE PRESENT TO WIN!* Music by Generations A to Z. Don't miss out on these fun events!

**Dates/Time:** March 14, 2014 ■ 7:00 - 9:00 pm

#### ***St. Patrick's Dance***

Celebrate St. Patrick's Day with us and remember to wear green! Register for TRAIL by Monday, March 10, 2014 by noon.

April 11, 2014 ■ 7:00 - 9:00 pm

#### ***Music Video Night: Everything Jackson***

Moon Walk the night away to music videos from Michael Jackson, Janet Jackson and the Jackson 5! Dress in your best Jackson outfit! Register for TRAIL by Monday, April 7, 2014 by noon

**Location:** Valley View Middle School, 8900 Portland Avenue South, Bloomington.

Parking is available on the West side (back) of the building. Enter through door E on the North end.

**Cost:** **\$6/participant** (includes 1 can of soda or water). Additional soda/water available for purchase for \$1.00. Support staff are free of charge and can purchase soda/water for \$1.00.

**Register by:** No dance registration required.

### YOUTH SOFTBALL - AGES 10-18

BATTER UP! Want to learn to play softball? Increase your softball skills? Have fun and meet new friends? This is the program for you! Youth softball teaches basic rules and good sportsmanship in a non-threatening environment. Our staff is well experienced in the game and will give the youth a softball experience of a lifetime! Season highlights include a game under the lights (program times may vary for this event), team pictures, and more! Staff to participant ratio is 1:10.

**Dates/Time:** Mondays ■ June 23-August 11 ■ 6:30 - 8:30 pm

**Location:** Tarnhill Park, 9650 Little Road, Bloomington

**Cost:** \$60, includes team shirt. Please indicate shirt size on registration form.

**Register by:** May 30, 2014



### ADULT COMPETITIVE SOFTBALL - AGES 19+

Want to play some softball? Do you have experience playing on a team? Then this program is for you. This program is designed for men and women who want to play competitively. Teams will be developed after player skill evaluations are completed the first night. Season highlights include a game under the lights (program times may vary for this event), team pictures, and more! Staff to participant ratio is 1:20.

**Dates/Time:** Tuesdays ■ June 24-August 12 ■ 6:30 - 8:30 pm

**Location:** Tarnhill Park, 9650 Little Road, Bloomington

**Cost:** \$60, includes team shirt. Please indicate shirt size on registration form.

**Register by:** May 30, 2014. TRAIL is available! TRAIL riders must request TRAIL when registering. ***TRAIL requires a minimum of five riders, so sign up early.***



### ADULT RECREATIONAL SOFTBALL - AGES 19+

Join us for a fun summer of softball with your friends from AR&LE. This program is designed for men and women who want to play for fun - no experience is necessary. Teams will be developed after player skill evaluations are completed the first night. Season highlights include a game under the lights (program times may vary for this event), team pictures, and more! Staff to participant ratio is 1:20.

**Dates/Time:** Tuesdays ■ June 24-August 12 ■ 6:30 - 8:30 pm

**Location:** Tarnhill Park, 9650 Little Road, Bloomington

**Cost:** \$60, includes team shirt. Please indicate shirt size when registering.

**Register by:** May 30, 2014. TRAIL is available! TRAIL riders must request TRAIL when registering. ***TRAIL requires a minimum of five riders, so sign up early.***

Looking for registration forms or want to pre-register/pay for our programs? Go online to [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov) (keyword "Dance" or "AR&LE Softball") or contact us at 952-563-8877.





Nicole Minton - Recreation Supervisor  
Eden Prairie Parks and Recreation

Phone: 952-949-8457

TTY: 952-949-8399

Email: nminton@edenprairie.org

Address: 8080 Mitchell Road, Eden Prairie 55344

Website: www.edenprairie.org

### FUN WITH FITNESS - AGES 22+

This low impact fitness class emphasizes having fun while enhancing flexibility, strength, endurance, and balance. You can look forward to a variety of upper and lower body exercise. Get tips on healthy foods that will help you feel your best!

**Dates/Time:** Saturdays ▪ April 12-May 10 ▪ 10 - 11 am  
Saturdays ▪ June 7-July 12 ▪ 10 - 11 am (No program on July 5.)  
Saturdays ▪ July 19-Aug 16 ▪ 10 - 11 am  
**Location:** Eden Prairie Community Center Room 201  
**Cost:** \$32 per session  
**Register:** Registration deadline is seven days prior to the start date; maximum 12

### EVERYONE CAN DANCE! - AGES 10-22

Listen to popular music and learn the basic building blocks of dance, including eye-hand coordination, flexibility, and rhythm. No dance experience needed! Parents are invited to attend a performance on the last day.

**Dates:** Saturdays ▪ April 12-May 10  
**Time:** 10:15 - 11:00 am  
**Location:** Eden Prairie Community Center Cambria Room  
**Cost:** \$43 each session  
**Register:** Register by April 4; maximum 12



### SPORTS SAMPLER CAMP - AGES 13-22

Each day a new sport will be introduced. Floor hockey, basketball, baseball, soccer, and bowling—OH MY! Learn a few skills, watch how the pros play, and play a game or two. Wear comfortable clothes to be physically active and bring a water bottle.

**Dates/Time:** Monday-Friday ▪ June 23-27 ▪ 1:00 - 3:00 pm  
**Location:** Eden Prairie Community Center, Gym/lounge  
**Cost:** \$75  
**Register:** Register by June 16; maximum 10



### IN/OUT AND ABOUT CAMP - AGES 13-22

Explore the many things to do in and around Eden Prairie on a hot summer day! Each day we will venture to a new place. Pack your lunch, 2 snacks and a water bottle each day. Registration fee includes admission.

**Dates/Time:** Monday-Friday ▪ June 16-20 ▪ 9:00 am - 3:00 pm  
Monday-Friday ▪ Aug 11-15 ▪ 9:00 am - 3:00 pm  
**Location:** Drop off and pick up at Nesbitt Preserve Park  
**Cost:** \$120 each session  
**Register:** Registration deadline is seven days prior to the start date; maximum 8



### EVERYONE CAN DANCE CAMP - AGES 13-22

Learn the basic building blocks of dance that include eye-hand coordination, flexibility, and rhythm. Throughout the camp, dancers can have the opportunity to learn a short dance, play games, and meet new friends. Friends and family are invited to attend a performance on the last day.

**Dates/Time:** Monday-Friday ▪ June 23-27 ▪ 9:00 - 10:30 am  
**Location:** Eden Prairie Community Center Cambria Room  
**Cost:** \$52  
**Register:** Register by June 16; maximum 10



### YOUNG ATHLETES - AGES 2-7

Young Athletes is an innovative sports play program that provides children with intellectual disabilities a setting to practice, enhance, and display their abilities while improving physically, cognitively and socially. The program is designed to not only allow children the opportunity to join the Special Olympics movement, but neuro-typical siblings, relatives, or friends can also participate. **Each person must register separate.**

**Dates/Time:** Wednesdays ▪ April 23-May 21 ▪ 6:00 - 6:45 pm  
**Location:** Eden Prairie Community Center Room 201  
**Cost:** \$50  
**Register:** April 16; maximum 8



### BEACH WEEK - AGES 13-22

We are going to the beach! Grab your swim suit, towel and flip-flops. Each day we will go to a different beach in and around the community. Participants should bring a lunch, two snacks water bottle and sunscreen with them each day.



**Dates/Time:** Monday-Friday ▪ Aug 4-8 ▪ 9:00 am - 3:00 pm  
**Location:** Pick up/drop off at Nesbit Preserve Park  
**Cost:** \$107  
**Register:** Register by July 28; maximum 8

### ART OF SOCIAL SKILLS CAMP - AGES 13-22

The dynamic staff at Upstream Arts will lead this exciting camp. Participants will gain hands on experience using the arts as a tool for positive self-expression in everyday life through theatre, poetry, music and visual arts.

**Dates/Time:** Monday-Friday ▪ July 21-25 ▪ 1:00 - 3:00 pm  
**Location:** Community Center Cambria Room  
**Cost:** \$137  
**Register:** Register by July 14; maximum 15



### ADAPTIVE TEEN CAMP - AGES 13-22

These semi-structured camps are intended to foster social and emotional growth; as well as teach life skills in a safe and fun place. Activities will range from games, arts, and nature. Programs runs Monday through Friday.

**Dates/Time:** July 7-11 ▪ 9 am to noon  
July 14-18 ▪ 9 am to noon  
July 21-25 ▪ 9 am to noon  
July 28-Aug 1 ▪ 9 am to noon  
**Location:** Nesbitt Preserve Park  
**Cost:** \$60 per session  
**Register:** Registration deadline is seven days prior to the start date; maximum 12

### SWIM, GYM AND MORE CAMP - AGES 13-22

Take a break from the heat and experience the many great things at the community center. Bring your swimsuit and towel each day. Programs runs Monday through Friday.

**Dates/Time:** July 14-18 ▪ 1 - 3 pm  
July 28-Aug 1 ▪ 1 - 3 pm  
**Location:** Community Center Lounge  
**Cost:** \$60 per session  
**Register:** Registration deadline is seven days prior to the start date; maximum 12



### GET YOUR GLEE ON CAMP - AGES 13-22

Sing familiar songs and play a variety of instruments in a fun and supportive environment. Friends and family are invited to attend a performance at the end of camp.

**Dates/Time:** Monday-Friday ▪ July 7-11 ▪ 1 - 3 pm  
**Location:** Eden Prairie Senior Center  
**Cost:** \$135  
**Register:** Register by June 30; maximum 15



## Lunch Break!

Are you registered for a morning and afternoon camp? Stay for lunch and hang out with friends. Transportation provided. No registration necessary!



Eden Prairie Spring & Summer Registration form is on page 17.



Kristin Aarsvold - Recreation Supervisor

Edina Parks and Recreation

Phone: 952-826-0433

TTY: 952-826-0379

Email: [kaarsvold@EdinaMN.gov](mailto:kaarsvold@EdinaMN.gov)

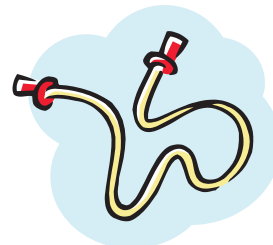
Address: 4801 W. 50<sup>th</sup> Street, Edina 55424

Website: [www.EdinaParks.com](http://www.EdinaParks.com)

### JUMP - JUMP ROPING CLASS

Ages 7 – 15 are welcome to try JUMP with the Pros of the Rope. The JUMP program provides youth with an opportunity to JUMP in and out of two ropes moving simultaneously also known as double dutch. Participants will improve footwork, agility, speed, endurance as well as a sense of confidence.

**Dates:** Sundays ▪ March 23, 30, and April 6  
**Time:** 11:00 - 11:45 am  
**Location:** Edina Senior Center, 5280 Grandview Square  
**Cost:** \$55  
**Register by:** March 7; minimum 7, maximum 12



### DREAM ICE SKATING

This class encourages skaters ages 5-15 to follow their dreams. Skaters of all abilities will have fun learning to skate at their own pace. Taught by certified coaches and supported by 1:1 volunteers. No previous skating experience needed, hockey helmet required.

**Dates:** Sundays ▪ April 13, 27; May 4, 11, 18 and June 1  
**Time:** 5:00 - 5:50 pm  
**Location:** Braemar Ice Arena, 7501 Ikola Way  
**Cost:** \$100  
**Register by:** March 14; minimum 6, maximum 20



### LARRY NELSON ADAPTIVE GOLF PROGRAM

Beginners, ages 10 and older, will learn about golf etiquette, basic skills and rules with experienced volunteer golfers. Golfers are supported on the course with volunteers based on their needs.

**Dates:** Fridays ▪ April 25 - June 20 (no class on May 23)  
**Time:** 7:30 pm - dark  
**Location:** Braemar Golf Course, 6364 John Harris Drive  
**Cost:** \$68  
**Register by:** April 4; minimum 8, maximum 12



### LARRY NELSON ADAPTIVE LEAGUE AND ADVANCED LESSONS

This program is designed for golfers who can be independent on the course with little supervision from volunteers. After two sessions of skill building, we will hit the course and play. Golfers must be referred to the program. **TRAIL requires a minimum of five riders, so sign up early.**

**Dates:** Fridays ▪ April 25 - June 20 (no class on May 23)  
**Time:** 6:30 pm - dark  
**Location:** Braemar Golf Course, 6364 John Harris Drive  
**Cost:** \$85, plus weekly green fees  
**Register by:** April 4; minimum 8, maximum 12







## ADAPTIVE WATER AEROBICS

Aerobic strengthening, stretching and range-of-motion exercises, all in the comfort of the Edinborough Park pool. Boost fitness levels and minimize the impact on your bones/muscles as you exercise. The pool has a chair lift for easy entrance and exit. Ages 16 and up are welcome; group home staff bringing more than two participants must provide support in the water. **TRAIL requires a minimum of five riders, so sign up early.**

**Dates:** Wednesdays  
Session I: June 4-25 ▪ Session II: July 9-30  
**Time:** 6:30 pm - 7:30 pm  
**Location:** Edinborough Park, 7700 York Avenue South  
**Cost:** \$42  
**Register by:** May 27; minimum 10, maximum 25



## THEATRICAL PERFORMANCE CAMP - PLAY TO BE DETERMINED

It's one of our most popular teen camps! After viewing a movie, campers will learn lines and songs, as well as create the sets for the exciting performance that is held on the last day of camp. This program is open to ages 13-21.

**Dates/Time:** Monday - Thursday ▪ August 11-14 ▪ 10:00 am - 3:00 pm  
Friday ▪ August 15 ▪ 9:30 am - 1:00 pm  
Performance at 1:00 pm  
**Location:** Edinborough Park, 7700 York Avenue, Edina  
**Cost:** \$160  
**Register by:** July 15; minimum 8, maximum 20



*Like to be on stage?*

**Theater Camp**  
is rated FAV by  
past participants!  
Spots are limited,  
so sign up early!

*You're a star!  
Sign up soon for  
the hottest ticket to  
the coolest week  
this summer!*

**Theater Camp 2014**



Edina Spring & Summer Registration form is on page 17.



Ann Hoffer  
Recreation Supervisor  
Richfield Recreation Services  
Phone: 612-861-9361  
TTY: 711 (Minnesota Relay Service)  
Email: [ahoffer@cityofrichfield.org](mailto:ahoffer@cityofrichfield.org)  
Address: 7000 Nicollet Avenue South  
Richfield 55423  
Website: [www.cityofrichfield.org](http://www.cityofrichfield.org)



## MOVIES AND MUNCHIES

Meet new people, visit with friends, and enjoy a movie on the big screen!

- Who:** Adults 18 and older. Support staff are asked to assist clients as needed.
- Date/Time:** Fridays ▪ 7:00 - 9:00 pm  
April 4 - **Home Run** (Raffle night, winning ticket wins the movie!)  
May 2 - **Turbo** (\$8 movie & pizza)
- Location:** Richfield Community Center, 7000 Nicollet Avenue South
- Cost:** \$5 per movie **payable at the door**. This is to cover the cost of your munchies. Staff/assistants are invited to attend free of charge. (May 2 staff are required to pay \$6 if they would like pizza.)
- Register by:** Call 612-861-9385 by 12:00 pm the Tuesday before each movie to register. TRAIL riders must request a ride by checking the box on the registration form or call in by the Tuesday before each movie. maximum 50.



## CARDIO FITNESS

Stay in great shape with an aerobic exercise program improving your overall fitness level. Please wear workout shoes and clothes.

- Who:** Adults 18 and older who can be safely supervised by 1 staff person per 25 participants and follow simple choreography.
- Dates:** Mondays and Wednesdays. April 7-May 21
- Time:** 7:00 - 8:00 pm
- Location:** Richfield Community Center, 7000 Nicollet Avenue South
- Cost:** 2 days per week: \$42 resident, \$48 nonresident  
1 day per week: \$21 resident, \$24 nonresident  
**Please indicate Monday and/or Wednesday on your registration form! \*\*TRAIL is only available on Wednesday night. Minimum of five riders and maximum of twenty riders.\*\***
- Register by:** March 31; minimum 10, maximum 25 per night



## STEP TO IT WALKING CLUB

Walking is great exercise and the best time to walk is summer! Join the summer walking club! We will be walking around the Kennedy High School Track. Remember to dress for the weather, wear tennis shoes & BRING A WATER BOTTLE!!! If it rains we will walk inside the Kennedy Activity Center. **TRAIL requires a minimum of five riders, so sign up early.**

- Who:** Adults 18 and older who can safely be supervised by 1 staff person per 25 participants
- Dates:** Mondays ▪ June 2-August 18 (August 25 makeup)
- Time:** 7:00 - 8:00 pm
- Location:** Kennedy High School Track (150 East 98<sup>th</sup> Street, Bloomington)
- Cost:** \$40 resident, \$45 nonresident
- Register by:** May 27; minimum 10, maximum 25





## SPRING GOOD HAPPENINGS

Good Happenings is a social club for adults 22 and older who enjoy participating in recreational activities and events with a group of friends. Activities are listed below. Sign up for all or select just a few of the activities offered!

**Dinner at Pizza Luce** – Have a fun night visiting with your friends at Pizza Luce! Enjoy a yummy buffet dinner with pizza, salad and desert, all while watching the Timberwolves play the LA Lakers on TV. Register by March 24; min 15, max 40

Date: Fri, Mar 28    Time: 6:45-8:15 pm    Location: Pizza Luce, 800 W. 66th Street    Cost: \$18  
Staff cost: \$10 for meal

**Service Project for Animal Humane Society** – Let's help out our animal friends! We will make dog and cat toys that will be donated to the Animal Humane Society. Snacks provided. Register by April 10; min 10, max 40

Date: Tues, Apr 15    Time: 7:00-8:15 pm    Location: Richfield Community Center    Cost: \$12  
Staff cost: \$0 please note if attending

**Tie Dye!** – Learn how to tie dye and make your own colorful shirt to take home. All supplies included, snacks provided. Please indicate your T-shirt size on the registration form. Register by April 17; min 10, max 30

Date: Thu, Apr 24    Time: 7:00 to-8:15 pm    Location: Richfield Community Center    Cost: \$16  
Staff cost: \$0 please note if attending

**Hollywood Movie Trivia** – If you love the movies, know the movies or want to challenge your movie skills, join us for a night of movie fun! Snacks will be served. Register by May 12; min 15, max 40

Date: Fri, May 16    Time: 7:00-8:30 pm    Location: Richfield Community Center    Cost: \$10  
Staff cost: \$0 please note if attending

**Bowling @ Brunswick Zone** – Keep up on your bowling game and spend an evening with friends bowling and having pizza for dinner! We have 10 lanes reserved for 40 lucky bowlers. Register by May 21; min 15, max 40

Date: Wed, May 28    Time: 6:30-8:30 pm    Location: Brunswick Zone Eden Prairie    Cost: \$15  
Staff cost: \$8 for pizza & soda



## SUMMER GOOD HAPPENINGS

Good Happenings is a social club for adults 22 and older who enjoy participating in recreational activities and events with a group of friends. Activities are listed below. Sign up for all or select just a few of the activities offered!

**Tacos & Tunes** – That's right, the popular Tacos & Tunes is back! Build your own taco of tasty fixings, plus salsa and chips. Then listen to a lively outdoor concert in Ausburg Park or indoor games if it rains! **Register with the Learning Exchange on page 15.**

Date: Thu, June 5    Time: 6:45-8:15 pm    Location: Richfield Community Center    Cost: \$15  
Staff cost: \$8 for dinner

**"Dr. Doolittle" Outdoor Musical** – Enjoy an evening outside as the Eden Prairie Players perform "Dr. Doolittle"! Remember to bring a lawn chair or blanket to sit on! Snacks will be provided. Register by June 13; min 15, max 40

Date: Thu, June 19    Time: 6:45-8:45 pm    Location: Staring Lake Amphitheatre    Cost: \$10  
Eden Prairie    Staff cost: \$0 please note if attending

**Yard Games & DQ** – Bocce ball, bean bag toss and more! Spend the evening with your friends outside and being active. Afterwards, we'll enjoy a treat from Dairy Queen (food allergy alternative treats may not come from DQ). Register by July 10; min 10, max 40

Date: Wed, July 16    Time: 7:00-8:30 pm    Location: Richfield Community Center    Cost: \$12  
Staff cost: \$3 for DQ

**11th Annual Summer Picnic** – It's that time of year again, the annual Good Happenings picnic with your friends! We will have great food, play BINGO and sand volleyball! We will picnic in Shelter #1. Register by: July 24; min 15, max 40

Date: Wed, July 30    Time: 6:45-8:45 pm    Location: Moir Park, Bloomington    Cost: \$15  
Staff cost: \$8 for picnic dinner

**St. Paul Saints Game** – Outdoor baseball at it's best! The Saints will be playing the Sioux City Explorers. You will receive \$5 in Saints Bucks to purchase concessions. If you need extra food, please bring \$! Register by July 17; min 15, max 30

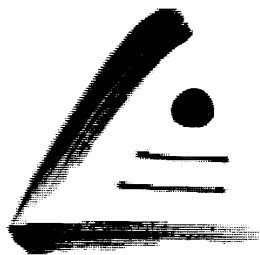
Date: Sun, Aug 10    Time: noon-5:00 pm    Location: Drop off/pick up at    Cost: \$32  
Richfield Com. Ctr.    Staff cost: \$19 for ticket & Saints Bucks

**Bowling @ Brunswick Zone** – Get ready for the fall bowling season, practice and spend an evening with friends bowling and having pizza for dinner! We have 10 lanes reserved for 40 lucky bowlers. Register by August 18; min 15, max 40

Date: Fri, Aug 22    Time: 6:30-8:30 pm    Location: Brunswick Zone Eden Prairie    Cost: \$15  
Staff cost: \$8 for pizza & soda

Richfield Spring & Summer Registration forms are on page 19.





THE LEARNING EXCHANGE

Gina Carpenter - Coordinator of Alternative Educational Services  
Phone: 952-681-6122  
TTY: 711 (Minnesota Relay Service)  
Email: [gcarpenter@bloomington.k12.mn.us](mailto:gcarpenter@bloomington.k12.mn.us)  
Janet Clarke - Community Liaison  
Phone: 952-681-6121  
Email: [jclarke@bloomington.k12.mn.us](mailto:jclarke@bloomington.k12.mn.us)  
Address: 2575 West 88<sup>th</sup> Street, Bloomington 55431  
Website: [www.bloomington.k12.mn.us](http://www.bloomington.k12.mn.us)

Learning Exchange classes are for adults, 18 years and older.

### On-line Registration Site and Web Site

For on-line registration, go to **[br.thatscommunityed.com](http://br.thatscommunityed.com)** and create an account. Or link from our web page at **[bloomington.k12.mn.us](http://bloomington.k12.mn.us)** and click on *Community Services*, then *Adults with Disabilities*, then *Registering for Classes*.

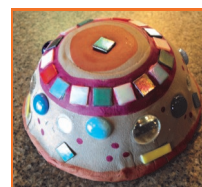
### Personal Leisure and Healthy Lifestyles



#### AR&LE SPRING RETREAT: AWESOME ART!

You'll love this 'mini-retreat' where you can meet friends and create cool art. Make a clay bowl and decorate it with mosaic tiles and glass jewels, as well as watercolor paint. You also will draw on canvas with white oil pastels and add color with watercolor paint. Watch the colors mix freely while still maintaining beautiful details in your drawing. Have a snack break to chat with friends and admire the woods surrounding the Eden Prairie Art Center. Take home your awesome art projects that day! Additional snack for staff, \$4.

**Date/Time:** Saturday ▪ May 3 ▪ 1:00 - 4:00 pm  
**Location:** Eden Prairie Art Center, 7650 Equitable Drive, Eden Prairie  
**Cost:** \$22 for participant; staff snack \$4. Checks payable to **ISD 271**  
**Register by:** April 25; minimum 12, maximum 20



#### NEW! WACKY WORLD OF WILDLIFE - WWW

Celebrate April Fool's Day with interesting wildlife info and fun videos! Come see and hear about Dick Bergstrom's experiences photographing local owls, eagles, coyotes and other wildlife. Use computers to find websites with live video where you can watch eagles' eggs hatch, watch pandas at the zoo and more! Of course, we'll watch some wacky animal videos that will make you laugh. Dick is a Bloomington School Board member and avid outdoors man who is ready to discuss your Minnesota wildlife questions.

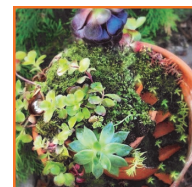
**Date/Time:** Tuesday ▪ April 1 ▪ 7:00 - 8:15 pm  
**Location:** Metro South ABE, 2575 W. 88th St., Bloomington; room 328  
**Cost:** \$8, checks payable to **ISD 271**  
**Register by:** March 18; minimum 8, maximum 15



#### MAGICAL MINI-GARDEN

Plant your own mini-garden, sometimes known as a fairy garden. You'll have three different mini plants to plant in a garden container, and you'll create a charming mushroom to decorate your garden. Want a fairy to put in your garden? Take the "Whimsical Elves and Fairies" craft class - see page 13. You'll also learn how to care for your mini-garden so you will have a magical growing masterpiece to show friends and family!

**Date/Time:** Monday ▪ April 28 ▪ 7:00 - 8:15 pm  
**Location:** Washburn Elementary School, Lunchroom, 8401 Xerxes Ave. So., Bloomington  
**Cost:** \$15, checks payable to **ISD 271**  
**Register by:** April 14; minimum 6, maximum 12



#### SHOOTING POOL

Have a blast learning the basics of shooting pool or practicing what you already know! This class shows you the basics and will give you time to play several games with other class members and volunteers from the Pool Room.

**Date/Time:** Monday ▪ May 5 ▪ 7:00 - 8:15 pm  
**Location:** Edina Senior Center, 5280 Grandview Square, Edina  
**Cost:** \$8, checks payable to **ISD 271**  
**Register by:** April 28; minimum 6, maximum 12



## CHAIR YOGA AND RELAXATION

Come stretch, breathe, feel more energized, but relaxed! It's the magic of yoga. We'll do poses and relaxation exercises seated in a chair – no laying on the ground, no mats. As with all exercise classes, if you have any health issues, check with a doctor first. *Now Tuesdays at Fraser Sheridan Court.*



**Dates:** NOW on Tuesdays ▪ April 29 ▪ May 20 ▪ June 3  
**Time:** 7:00 - 8:00 pm  
**New Location:** Fraser Sheridan Court Commons Room, 2500 W. 66th Street, Richfield  
**Cost:** All three classes for only \$14, checks payable to **ISD 271**  
**Register by:** April 15; minimum 6, maximum 12



## FRIENDSHIP SKILLS: BINGO, TRIVIA AND CONVERSATION

Let's play Bingo (yes, with prizes!) and More Disney Movie Trivia. Between games, we'll practice conversation skills from questions that were part of the games. What a great way to have fun and get to know people!

**Date/Time:** Monday ▪ May 19 ▪ 7:00 - 8:15 pm  
**Location:** Washburn Elementary School Lunchroom, 8401 Xerxes Avenue South, Bloomington  
**Cost:** \$10, checks payable to **ISD 271**  
**Register by:** April 8; minimum 8, maximum 20

## Arts & Crafts

### CRAFTS FOR EVERYONE!

Join Allison S. or Jackie D. for a fun evening making great decorations to keep or give as gifts. These fill fast—sign up soon!  
**TRAIL riders: Not all classes offer TRAIL. Verify on the Registration Form that your choice offers TRAIL.**



## MAY BASKET HEART

Celebrate spring by weaving a heart-shaped basket from felt to fill with felt or silk flowers. These baskets are a Swedish tradition that we can use at any time of the year to bring a little cheer to a friend or display on your door.



**Date/Time:** Monday ▪ April 21 ▪ 7:00 - 8:00 pm  
**Location:** South View Middle School, Room 201 (enter door #1)  
4725 South View Lane, Edina  
**Cost:** \$12, checks payable to **ISD 271**  
**Register by:** April 7; minimum 6, maximum 16

### WHIMSICAL ELVES AND FAIRIES!

Come make your very own charming elf or fairy from silk flower petals, wire, fabric and gems. Perfect to hang in a window or put in a mini-garden! (See the Magical Mini-Garden class page 12 that meets April 28.) If time allows, you could make a mushroom for your fairy to sit on, or make a second fairy or elf. Bring a little magic to your room!



**Option 1:** Tuesday ▪ May 13 ▪ 7:00 - 8:00 pm  
Lyndale Court Commons Room, 10325 Lyndale Avenue South, Bloomington  
**Option 2:** Thursday ▪ May 22 ▪ 7:00 - 8:00 pm  
Sheridan Court Commons Room, 2500 West 66th Street, Richfield  
**Cost:** \$12, checks payable to **ISD 271**  
**Register by:** Two weeks before class; minimum 6, maximum 10

## Cooking Classes



## TACOS & TUNES PICNIC - IN COOPERATION WITH GOOD HAPPENINGS

That's right, the popular Tacos & Tunes is back! Build your own taco of tasty fixings, plus salsa and chips. Then, listen to a lively outdoor concert in Augsburg Park next to the Community Center. Bring a folding lawn chair or blanket to sit on. Bring outdoor clothing to keep warm if it is cool. If it rains, we'll have indoor games to continue the fun! Additional dinner for staff, \$8.

**Date:** Thursday ▪ June 5  
**Different Time:** 6:30 - 8:15 pm  
**Different Location:** Richfield Community Center, 7000 Nicollet Avenue, Richfield  
**Cost:** \$15 for participant; staff dinner \$8, checks payable to **ISD 271**  
**Register by:** May 22; minimum 10; maximum 40





## COOKING CORNER



**TRAIL riders: Only Thursday cooking classes have TRAIL. No Monday cooking classes will have TRAIL available. See registration form to verify that your choice offers TRAIL.**

Register for one or more of the classes listed below, and don't forget to bring containers. These classes are designed for adults who can safely use knives, oven and stovetop without supervision.



**Time:** All classes meet from **7:00 - 8:30 pm**  
**Location:** Jefferson High School, 4001 W. 102nd St., Bloomington, Cooking Lab A100  
**Cost:** \$14 per class, checks payable to **ISD 271**  
**Register by:** Two weeks before class; minimum 6, maximum 12 (Hurry, these fill fast!)

### Spring Chicken/Summer Fun

**Thursday, Apr 10 or Monday, Apr 14 or Thursday, Apr 17**

We made it through winter! The warm season is almost upon us and it's time to start thinking of the out-of-doors. Join us and learn how to make the easiest marinade in the world for our Honey-Lime Chicken Sandwiches. We'll make ours in the oven but you'll be ready to bust out the grill this summer. We'll round out the meal with heat-friendly Giant Salsa Salad and Homemade Pita Chips. Delicious and great for your next outdoor event.

### Smoothies and Snacks

**Thursday, May 8 or Monday, May 12 or Thursday, May 15**

It's our last cooking class of the year! Come learn how to make smoothies and other "cool" kitchen recipes with us. We'll beat the heat together this summer with recipes that will give your oven a break. Delicious, and ready for the next heat wave.

## WHAT IS MnCHOICES?

*SAGES is a collaboration of community organizations offering education about disability issues. SAGES workshops are for self-advocates, family members, caregivers and service providers of people with disabilities.*

The Minnesota Department of Human Services (DHS) recently introduced MnCHOICES, a new tool for assessing the needs of people who need long-term services and supports. MnCHOICES uses a person-centered approach and will be used annually to assess all people with disabilities who receive services. It was launched in Ramsey and Dakota Counties in 2013 and will be introduced statewide this year.

If you or a family member receives disability services, join us and learn how MnCHOICES will affect you. Rosemary Geist, certified assessor for MnCHOICES in Dakota County and Nancy Jurgensen, Public Health Nurse for Department of Human Services and MnCHOICES policy lead will give an overview of this new assessment.

**Friday, May 2, 2014**  
**1:00-3:00 p.m.**  
**Christ the King Church, Fellowship Hall**  
**8600 Fremont Avenue South, Bloomington**

**Please RSVP by Tuesday, April 29**, by contacting Gina Carpenter at Learning Exchange at [gcarpenter@bloomington.k12.mn.us](mailto:gcarpenter@bloomington.k12.mn.us), or call (952) 681-6122. There will be a charge of \$15 per person at the door. Please make checks payable to ISD #271. Light refreshments will be served.

## Do you know

a young adult with learning disabilities? See page 16 for more opportunities!



Register on-line with a credit card or link to your checking account:  
br.thatscommunityed.com Or mail in this form with payment to:  
ISD 271 - Learning Exchange, 2575 W. 88th Street, Bloomington, MN 55431

**Note: Checks MUST be made payable to ISD 271 or they will be returned. Thanks!**

## Learning Exchange Registration Form

Participant Name	Home Phone	E-mail	Age
Address	Apt. #	City	Zip Code
Birth Date			
Allergies/Medical Concerns			
Parent/Guardian	Home Phone	Cell/Work Phone	E-mail
Emergency Contact	Phone/s		Relationship

THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.

WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City or School District shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City or School District, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City or School District, its agents or employees from any such claims, injuries, or damages.

WAIVER: I understand and agree that Adaptive Recreation and Learning Exchange may use my photo image for publicity purposes.

Participant or Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

TRAIL Riders please check TRAIL Box

<u>Class ID</u>		<u>Cost</u>	<u>TRAIL</u>
<b><u>Personal Leisure &amp; Healthy Lifestyles</u></b>			
LE69S-A	AR&LE Spring Retreat: Awesome Art, May 3 .....	\$22	<input type="checkbox"/>
LE69S-B	Staff - snacks for Spring Retreat .....	\$ 4	<input type="checkbox"/>
LE71S	NEW! Wacky World of Wildlife, Apr 1 .....	\$ 8	<input type="checkbox"/>
LE70S	Magical Mini-Garden, Apr 28 .....	\$15	<input type="checkbox"/>
LE16S	Shooting Pool, May 5 .....	\$ 8	<input type="checkbox"/>
LE11S	Chair Yoga and Relaxation		
	Tuesdays: Apr 29, May 20, Jun 3 .....	\$14	<input type="checkbox"/>
LE36S	Friendship Skills: Bingo, Trivia, & More, May 19 ....	\$10	<input type="checkbox"/>
<b><u>Arts &amp; Crafts</u></b>			
LE73S	May Basket Heart, Apr 21 .....	\$12	<input type="checkbox"/>
	Whimsical Elves & Fairies!,		
LE72S-A	Option 1: Lyndale Court, May 13 .....	\$12	<input type="checkbox"/>
LE72S-B	Option 2: Sheridan Court, May 22 .....	\$12	<input type="checkbox"/>

Classes continued on next column....

<u>Class ID</u>		<u>Cost</u>	<u>TRAIL</u>
<b><u>Cooking Classes</u></b>			
LE44S-A	Tacos & Tunes, June 5 .....	\$15	<input type="checkbox"/>
	In cooperation with Good Happenings		
LE44S-B	Staff meal for Tacos and Tunes .....	\$ 8	<input type="checkbox"/>
<b><u>Cooking Corner</u></b>			
<b>Note: TRAIL is <u>only</u> available on Thursdays, <u>not</u> on Mondays.</b>			
<b>New time 7-8:30 pm.</b>			
Spring Chicken/Summer Fun			
LE67S-A	Thurs, Apr 10 .....	\$14	<input type="checkbox"/>
LE67S-B	Mon, Apr 14 .....	\$14	<input type="checkbox"/>
LE67S-C	Thurs, Apr 17 .....	\$14	<input type="checkbox"/>
Smoothies and Snacks!			
LE68S-A	Thurs, May 8 .....	\$14	<input type="checkbox"/>
LE68S-B	Mon, May 12 .....	\$14	<input type="checkbox"/>
LE68S-C	Thurs, May 15 .....	\$14	<input type="checkbox"/>

Mail complete form to:

ISD 271  
Learning Exchange  
2575 W 88th Street  
Bloomington, MN 55431

**Checks MUST be made payable to  
ISD 271 or they will be returned.**

TOTAL FEE(S) PAID: \$ \_\_\_\_\_ ☐ Check/Money Order Payable to: **ISD 271**

Credit Card: ☐ Visa ☐ MasterCard ☐ Discover

Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

By signing above, I authorize my Credit Card to be charged \_\_\_\_\_

Date \_\_\_\_\_

## KNOW ANY YOUNG ADULTS WITH LEARNING DISABILITIES?



Learning Exchange is developing life-skills classes customized to the needs and interests of young adults with learning and/or social disabilities, ages 18-39, who utilized an IEP (individualized education program) in high school, are independent in the community, demonstrate emotional and behavioral stability, and are capable of being dropped off and left without supervision to participate in a class with one instructor.

- Personal safety in the community
- Easy cooking for one
- Budgeting money for needs and wants
- Friendship skills
- And more...

Does that sound appropriate for you or someone you know? **Email your name, age, phone number and mailing address to Janet Clarke: [jjclarke@bloomington.k12.mn.us](mailto:jjclarke@bloomington.k12.mn.us)**

Also let us know what topics you would be interested in having us offer. We'll put you on a mailing list. Questions? Email or call Janet at 952-861-6121.



Keep up your bowling game and spend an evening with friends bowling and having a pizza dinner!

## GOOD HAPPENINGS BOWLING AT BRUNSWICK ZONE

Wednesday, May 28th

&

Friday, August 22nd

6:30 - 8:30 pm

See page 11 for details.  
Registration form on  
page 19.



## PRIVATE MUSIC THERAPY SESSIONS OR ADAPTIVE LESSONS - ALL AGES

### MacPhail Center for Music - Private Music Therapy Sessions or Adaptive Lessons

When participating in Music Therapy Private Sessions, students are first assessed and a program plan is then implemented to meet individual needs and strengths. Assessments, conducted by a board-certified music therapist, are approximately one hour long and are part of the music therapy intake process. Ongoing documentation of progress and consultation with care providers occur in order to maintain a high quality music therapy experience.

Cost: \$74 for 1 hour  
\$55.50 for 45 minutes  
\$37 for 30 minutes

Financial Aid may be available for individuals/families who meet the guidelines.

### MacPhail Center for Music - Create a Music Therapy Group

Sometimes the best possible environment for success can be achieved by working toward your goals while interacting in a group setting.

You can create and organize your own group with other individuals with common goals and meet in a small group for music therapy. Common goals during group sessions include communication, expression, social skills and meeting sensory needs.



Contact Marian Santucci, MacPhail Music Therapy Manager at 612-767-5596 or [santucci.marian@macphail.org](mailto:santucci.marian@macphail.org) for more information or to set up a placement interview. Financial assistance is available for families who meet the eligibility guidelines. Contact Marian to learn more.

## Eden Prairie Registration Form

Participant Name		Home Phone	E-mail	Age
Address/City			Apt. #	Zip Code
Birth Date				
<b>Special Information:</b>				
In order to participate in AR&LE programs, participants <u>must</u> have a completed Participant Profile on file. For more information see page 2 of this catalog.				
Parent/Guardian		Home Phone	Work Phone	E-mail
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>				
Participant or Parent/Guardian Signature _____			Date _____	
<b>Code</b> Fun with Fitness 39249 Apr 12-May 10 ----- <input type="checkbox"/> \$32 39250 Jun 7-Jul 12 ----- <input type="checkbox"/> \$32 39251 Jul 19-Aug 16 ----- <input type="checkbox"/> \$32 Everyone Can Dance! 38129 Apr 12-May 10 ----- <input type="checkbox"/> \$43 Sports Camp 39253 Jun 23-27 ----- <input type="checkbox"/> \$75 In/Out and About Camp 39254 Jun 16-20 ----- <input type="checkbox"/> \$120 39255 Aug 11-15 ----- <input type="checkbox"/> \$120		<b>Code</b> Adaptive Teen Camp 39307 July 7-11 ----- <input type="checkbox"/> \$60 39308 July 14-18 ----- <input type="checkbox"/> \$60 Swim, Gym & More Camp 39314 July 14-18 ----- <input type="checkbox"/> \$60 39315 July 28-Aug 1 ----- <input type="checkbox"/> \$60 Get Your Glee on Camp 39548 July 7-11 ----- <input type="checkbox"/> \$135  <div style="text-align: center;"><b>Registration begins on March 11, 2014</b></div>		
Mail completed form and check, payable to the <b>City of Eden Prairie to:</b> Eden Prairie Community Center, 16700 Valley View Road, Eden Prairie, MN 55346				
TOTAL FEE(S) PAID: \$ _____				
Credit Card Information _____ Exp. Date _____				

## Edina Registration Form

Participant Name		Home Phone	Cell Phone	E-mail	Age
Address/City			Apt. #	Zip Code	Birth Date
Special Information: Will PCA or Staff Attend with participant? <input type="checkbox"/> Yes <input type="checkbox"/> No			Dietary needs/allergies:		
In order to participate in AR&LE programs, participants <u>must</u> have a completed Participant Profile on file. For more information see page 2 of this catalog.					
Parent/Guardian		Home Phone	Cell Phone	E-mail	
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>					
Participant or Parent/Guardian Signature _____			Date _____		
JUMP - Jump Roping, Mar 23, 30 & Apr 6 ----- <input type="checkbox"/> \$65 Dream Ice Skating Apr 13, 27; May 4, 11, 18 & Jun 1 ----- <input type="checkbox"/> \$100 Theatrical Performance Camp Aug 11-14 ----- <input type="checkbox"/> \$160		Larry Wilson Adaptive Golf ----- <input type="checkbox"/> \$68 Larry Wilson Adaptive League/Lessons ----- <input type="checkbox"/> \$85 <input type="checkbox"/> TRAIL Adaptive Water Aerobics I - June 4-25 ----- <input type="checkbox"/> \$42 <input type="checkbox"/> TRAIL Adaptive Water Aerobics II - July 9-30 ----- <input type="checkbox"/> \$42 <input type="checkbox"/> TRAIL			
Mail completed form and checks payable to the <b>City of Edina to:</b> <b>Edina Parks and Recreation, 4801 W 50<sup>th</sup> Street, Edina MN 55424</b>					
TOTAL FEE(S) PAID: \$ _____					
Credit Card Information _____ Exp. Date _____					





# AR&LE Adaptive Adult & Youth Softball



## Adaptive Youth Softball: Ages 10-18

**Mondays** ▪ June 23 to August 11 ▪ 6:30 - 8:30 pm

- Co-Rec program where players learn basic rules & good sportsmanship through fun, creative drills and games.
- First part of each night will focus on skill building.
- Games will begin the second or third week.
- Cost \$60 - register by May 30, 2014

## Adaptive Recreational Softball: Ages 19+

**Tuesdays** ▪ June 24 to August 12 ▪ 6:30 - 8:30 pm

- Co-Rec program designed for players with **or** without softball experience. (non-competitive)
- Review and develop softball skills.
- Coaches will encourage all players to have fun, further develop skills and a better understanding of the rules and positions, and promote good sportsmanship.
- Cost \$60 - register by May 30, 2014

## Adaptive Competitive Softball: Ages 19+

**Tuesdays** ▪ June 24 to August 12 ▪ 6:30 - 8:30 pm

- Co-Rec program designed for players with softball experience and who want to play competitively.
- Review and develop softball skills and good sportsmanship.
- Balanced teams will be developed after player skill evaluations are completed the first night so games will be fun for everyone.
- Cost \$60 - register by May 30, 2014

## Season Highlights:

- Program held at Tarnhill Park, 9650 Little Road, Bloomington
- T-shirts
- Team Pictures
- End of season celebration with a game under the lights! (Program times and location may be altered for this event.)
- Highlights are tentative and subject to change at any time.

**Registration forms available online at [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov) ("ARLE Softball") or contact City of Bloomington Parks and Recreation at 952-563-8877.**



TRAIL transportation is available for adult competitive and non-competitive softball and requires a minimum of five riders. To find out more about TRAIL, see page 3 or go to [www.ridetrail.org](http://www.ridetrail.org).



## Richfield Spring Registration Form

Participant Name		Home Phone	Work/Cell Phone	E-mail	Age
Address/City			Apt #	Zip Code	Birth Date
Special Information:			Food Allergies:		
Emergency Contact		Home Phone	Work Phone		
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>					
Participant or Parent/Guardian Signature _____			Date _____		
<p>R= Resident, NR=Nonresident TRAIL riders please check TRAIL box.</p> <p>Movies &amp; Munchies</p> <p>Home Run (Apr 4)..... <input type="checkbox"/> TRAIL</p> <p>Turbo (May 2) ..... <input type="checkbox"/> TRAIL</p> <p>Cardio Fitness</p> <p>Mon. &amp; Wed..... <input type="checkbox"/> \$42 <input type="checkbox"/> \$48 <input type="checkbox"/> TRAIL</p> <p>Mon. or Wed. (circle one)..... <input type="checkbox"/> \$21 <input type="checkbox"/> \$24 <input type="checkbox"/></p>			<p><u>Spring Good Happenings</u></p> <p>Dinner at Pizza Luce, Mar 28 ..... <input type="checkbox"/> \$18 <input type="checkbox"/> \$10 <input type="checkbox"/></p> <p>Service Project, Animal Humane Society, Apr 15 ..... <input type="checkbox"/> \$12 <input type="checkbox"/> attending <input type="checkbox"/></p> <p>Tie Dye!, Apr 24 ..... <input type="checkbox"/> \$16 <input type="checkbox"/> attending <input type="checkbox"/></p> <p>(circle shirt size): S M L XL XXL</p> <p>Hollywood Movie Trivia, May 16 ..... <input type="checkbox"/> \$10 <input type="checkbox"/> attending <input type="checkbox"/></p> <p>Bowling @ Brunswick Zone, May 28 ..... <input type="checkbox"/> \$15 <input type="checkbox"/> \$8 <input type="checkbox"/></p>		
<p>Mail completed form and check, payable to the <b>City of Richfield</b> to: Richfield Recreation Services 7000 Nicollet Avenue Richfield, MN 55423</p>					
<p style="text-align: center;">TOTAL FEE(S) PAID: \$ _____</p>					
Credit Card Information _____			Exp. Date _____		



## Richfield Summer Registration Form

Participant Name		Home Phone	Work/Cell Phone	E-mail	Age
Address/City			Apt #	Zip Code	Birth Date
Special Information:			Food Allergies:		
Emergency Contact		Home Phone	Work Phone		
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>					
Participant or Parent/Guardian Signature _____			Date _____		
<p>R= Resident, NR=Nonresident TRAIL riders please check TRAIL box.</p> <p>Step to it Walking Club (Jun 2-Aug 18) ..... <input type="checkbox"/> \$40 <input type="checkbox"/> \$45 <input type="checkbox"/></p> <p><u>Summer Good Happenings</u></p> <p>Tacos &amp; Tunes, June 5 - see Learning Exchange page 15</p>			<p><u>Summer Good Happenings</u></p> <p>"Dr. Doolittle" Outdoor Musical, June 19 ..... <input type="checkbox"/> \$10 <input type="checkbox"/> attending <input type="checkbox"/></p> <p>Yard Games &amp; DQ, July 16 ..... <input type="checkbox"/> \$12 <input type="checkbox"/> \$3 <input type="checkbox"/></p> <p>11th Annual Summer Picnic, July 30 ..... <input type="checkbox"/> \$15 <input type="checkbox"/> \$8 <input type="checkbox"/></p> <p>St. Paul Saints Baseball, Aug 10 ..... <input type="checkbox"/> \$32 <input type="checkbox"/> \$19 <input type="checkbox"/></p> <p>Bowling @ Brunswick &amp; Pizza, Aug 22 ..... <input type="checkbox"/> \$15 <input type="checkbox"/> \$8 <input type="checkbox"/></p>		
<p>Mail completed form and check, payable to the <b>City of Richfield</b> to: Richfield Recreation Services 7000 Nicollet Avenue Richfield, MN 55423</p>					
<p style="text-align: center;">TOTAL FEE(S) PAID: \$ _____</p>					
Credit Card Information _____			Exp. Date _____		



The Adaptive Recreation & Learning Exchange  
1800 W. Old Shakopee Road  
Bloomington MN 55431-3096

### *Spring AR&LE Retreat*

**Saturday ■ May 3, 2014**  
**1 to 4 pm**

**You'll love this 'mini-retreat' where you can meet friends and create a variety of cool art projects!**

Program details are on page 12 and registration form is on page 15.

This exciting afternoon of art is limited to twenty participants, so sign up early!



### *TRAIL Annual Meeting*

**Tuesday ■ April 8, 2014**  
**7 to 8:15 pm**  
**Richfield Community Center**



Here's your chance to hang out with other TRAIL riders, board and family members as well as donors! ***Find out who were the Top Riders for 2013!***

Refreshments will be served. Free transportation for TRAIL riders! Call Michelle at 952-828-0983 by April 3rd to schedule your ride.

**Watch for the AR&LE Fall 2014 Catalog the week of July 21st!**